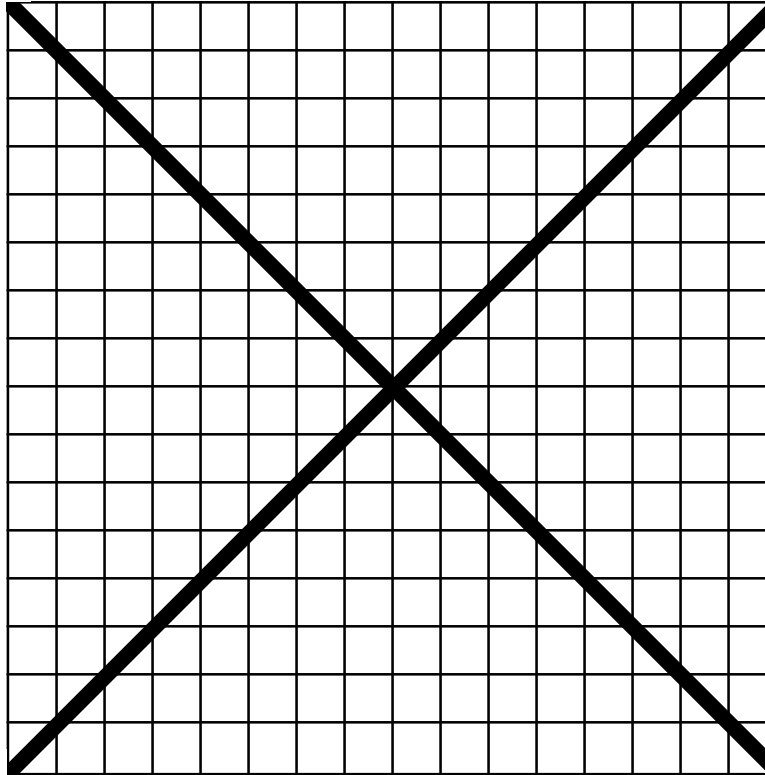


East Carolina Retina
CONSULTANTS

Amsler Grid - Vertical

Dr. Peter Van Houten & Associates
2501A Stantonsburg Rd office 252.758.2402
Greenville, NC 27834 toll free 800.849.8459
EastCarolinaRetina.com fax 252.758.2762



Test your eyes, one eye at a time by covering the other eye and looking at the "X". You can find the center of the grid by imagining the center of the "X" and observing the peripheral vision. Do **not** move your eye from the center of the "X" while you are observing the squares. The vision should be checked at least once a week. Call our office if there is any significant change or distortion of the grid. If there is distortion, check the grid one day later and if there still is the same distortion, call and come to the office for an eye exam.

**Peter A. Van Houten, M.D. &
Associates**
(252) 758-2402 or (800) 849-8459
www.EastCarolinaRetina.com