Amsler gridThe amsler grid is an eye test you can do at home that will hopefully make you aware when there are changes happening to your vision that you did not notice otherwise. The brain wants to see and will use either eye to get the job done. If one eye fails, the brain will switch it's attention to the other eye and not make you aware that one eye has failed. One way around this problem is to check each eye on a several times a week schedule. it only takes a few seconds to check. Checking more than once a day is too much however as you will not notice the subtle changes. Procedure:Under good reading light and with your reading correction, cover the left eye and look at the center of the graph paper at the central dot or "X" that is on the chart. Do not move your eye from the central dot and try and notice the vertical and horizontal lines that make up the graph paper pattern. They should appear straight. If however, they are broken, smudgy or distorted, then you should seek eye care as soon as possible. Let the physican's office know that the Amsler grid has changed. The faster it is changing, the faster you need to be seen. After checking the right eye, cover it and check the left. Click here to download the Amsler Grid Normal Amsler grid:Some times as the retina develops dry changes it may look like this:As the wet changes start to happen, it may look like this:As the wet ARMD starts to bleed and cause distortion, it may look like this:If the above Amsler grid looks anything like this then you may have wet macular degeneration and need attention soon.Download a copy of the Amsler Grid here